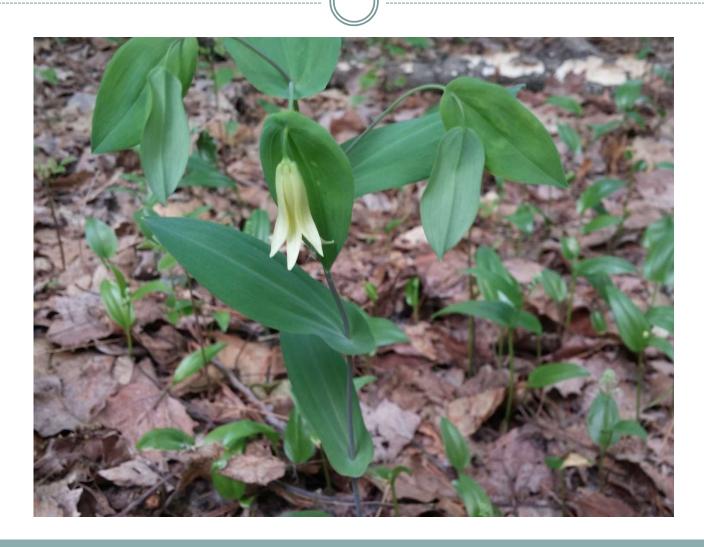
## Bellwort

(bloom believed to resemble a uvula – pink appendage hanging down at back of throat)



According to the **Doctrine of Signatures**, this plant was believed to be good for treating throat problems.

## **Black Chokeberry**



Fruit has higher level of antioxidants than any other that grows in northern half of U.S.